

## **Bagless Day for the students from I to VIII for Experiential Learning at School (Classes 1 to 8)**

APS Akhnoor recently organized a unique Bagless Day to promote experiential learning among students of Classes 1 to 8. The day was filled with engaging activities designed to help students learn through hands-on experiences and foster essential life skills. This initiative was aligned with the goals of NEP 2020 and CBSE's skill education framework, focusing on holistic development through fun and meaningful participation.

For students of Classes 1 to 5, the day began with a relaxing and energizing yoga session aimed at improving concentration, flexibility, and overall well-being. Afterward, the younger students participated in subject-related activities, where key academic concepts were taught in a playful and interactive manner. These activities allowed the students to learn through exploration and creativity, making the learning process more engaging and enjoyable.

For students in Classes 6 to 8, a range of exciting and skill-oriented activities were organized. They enthusiastically participated in Hit the Target, an activity that helped sharpen their focus, hand-eye coordination, and accuracy. This was followed by a spirited Tug of War, promoting teamwork, strength, and strategy among the participants. The students were also treated to a motivational movie screening, which left them inspired and motivated, emphasizing resilience, hard work, and goal-setting.

One of the highlights of the day for Classes 6 to 8 was the science-themed Rangoli-making competition, where students combined their artistic talents with scientific knowledge to create beautiful and educational Rangoli designs. This activity encouraged creativity, innovation, and an appreciation for the integration of art and science.

The entire Bagless Day was filled with fun, excitement, and learning. Students thoroughly enjoyed the activities while developing essential skills such as teamwork, critical thinking, creativity, and problem-solving. The day provided a perfect balance of physical, emotional, and intellectual growth, as outlined in the NEP 2020 and CBSE's skill education guidelines.

The success of this day demonstrated the power of experiential learning, allowing students to gain knowledge and skills beyond textbooks. Both students and teachers eagerly look forward to more such innovative learning experiences in the future!



