



**ARMY PUBLIC SCHOOL AKHNOOR**  
(J & K)-181201  
SCHOOL CODE-23515 &  
CBSE AFFILIATION NO – 730017

28 Sep 2019

**APS AKHNOOR ORGANISED CAPACITY BUILDING  
AND CAREER COUNSELLING WORKSHOP**

Two days workshop was organized on “Capacity Building Programme” for teachers and “Career Counselling” for students from 27<sup>th</sup> Se 2019 to 28<sup>th</sup> Sep 2019. The objective of the workshop was to enhance teaching skills and guiding students to know the real value of life. The resource person from Delhi was Mrs Indu Punj. She was received by Mrs. Kavita Choudhary and Principal KCS Mehta.

**Day- 1 (For Teachers): -**

The first day proceeding started with how to make your teaching skills effective through story telling using psychological techniques. In this workshop 200 teachers from six Army Schools took part.

**Day – 2 (For Students): -**

On second day, Mrs Indu Punj, the resource person laid emphasis on how to live life as well as she highlighted that how to prepare students for board and competitive exams. She focus on choosing right subjects after class X. The session was made interactive by the participation of students through their queries and doubts on selection of subject and on emotional intelligence.

Overall this workshop proved to be a great success.

Participants & Resource Persons are seen posing with Principal APS Akhnoor in the photograph.



Sd/xx/xx  
(KCS Mehta)  
Principal